

TITLE : MY WAY II

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15-99 Nazukari Nagareyama CHIBA 270-0145 JAPAN
Music : MUSIC : "My Way" by Riccardo Chojowa Download CASA MUSICA
Time / Speed = 2:50 / 31 MPM (+11 %) (ORG=3:09 / 28 MPM)
Footwork : Directions For Man, Woman's Footwork Opposite Except Where Needed ()
Rhythm : Waltz Phase II +1 Open Imptus
Sequence : INTRO—A—A—B(1-12)—A—B—END



INTRODUCTION

1-2 Low BFLY / Wall Wait 1 MEAS; RAISE ARMS to BFLY;

1-2 In Low BFLY / Wall Wait 1 Measure; Raise Arms to BFLY;

PART A

1-4 TWIRL / VINE; THRU FC CL TO CP; BOX;;

5-8 STEP SWING; SPIN MANUV; 2 RF TURNS;;

1-4 From BFLY sd L lead W RF trn under jnd lead hnds, XRIB, sd L (W : sd & fwd R comm RF trn, cont RF trn sd & bk L, sd & fwd R); XRIF, sd L, cl R to CP/Wall; fwd L, sd & fwd R, cl L; bk R, sd & bk L, cl R;
5-6 Sd & bk L to OP, swing R, -; sd R & fwd w 1/2 RF trn, sd L, cl R (W : spn LF L, R, L) to CP/RLOD;
7-8 Bk L comm RF trn, sd & bk R cont RF trn, cl L; fwd R between W's feet cont RF trn, sd & fwd L cont RF trn, cl R to CP/Wall;

9-12 WALTZ AWAY; X WRAP; BACK WALTZ; W ROLL ACROSS;

13-16 THRU TWINKL TO SCP; MANUV; 2 RF TURNS;;

9-10 From CP/Wall waltz to LOD slightly away from ptr L, R, cl L; keep trail hnd jnd walk arnd ptr R, L, R w 1/2 RF (W : LF) trn to WRAP/RLOD;
11-12 Bk L, R, cl L; release trail hnd bk R, rec L, fwd R (W : walk arnd ptr w LF trn L, R, L) to LOP/RLOD;
13-14 fwd L, fwd & sd R fc ptr, cl L to SCP/LOD; fwd & sd R w 1/2 RF trn, sd L, cl R to CP/RLOD;
15-16 REPEAT meas 7-8 of PART A;;

PART B

1-4 DIP BK; MANUV; OPEN IMPTUS; THRU FC CL;

5-8 DIP BK; REC SD CL TO SCAR; TWINKL TO BJO; TWINKL FC Wall;

1-2 Bent R knee, bk L remaining R extended, -; Rec R w 1/4 RF trn, sd L, cl R to CP/RLOD;
3-4 [OPEN IMPETUS] Bk L comm RF trn bring R beside L w no weight, cont RF trn on L heel & change weight to R [heel trn], sd & fwd L (W : fwd R between M's feet heel to toe pivoting 1/2 RF, cont RF trn around M sd & fwd L/brush R to L, sd & fwd R) to SCP/LOD; XRIF, sd L, cl R to CP/Wall;
5-6 Bent R knee, bk L remaining R extended, -; Rec R, SD L, cl R to SCAR/RDW;
7-8 Fwd L, fwd & sd R fc ptr, cl L to BJO/DW; fwd R, fwd & sd L fc ptr, cl R to CP/Wall;

9-13 LF TRNG BOX;;; CANTER;

9-10 Fwd L w LF 1/4 trn, sd R, cl L; bk R w LF 1/4 trn, sd L, cl R;
11-12 REPEAT meas 9-10 of PART B;;
13 Sd L, draw R to L, cl R;

ENDING

1-5 TWISTY VINE; MAMUV; OPEN IMPTUS; THRU SD BHND; ROLL 3;

6-10 THRU FC CL; CANTER TWICE;; SLOW DIP BK; TWIST & HOLD;

1-2 In CP sd L, XRIB (W : XLIF), sd L to BJO/DW; fwd R (W : bk L) w RF 3/8 trn, sd L, cl R to CP/RLOD;
3-4 REPEAT meas 3 of PART B; from SCP/LOD XRIF, sd L, XRIB;
5-6 Sd & fwd L comm LF (W : RF) trn, cont LF trn sd R, sd & bk L to SCP/LOD; XRIF, sd L, cl R to CP/Wall;
7-8 Sd L, draw R to L, cl R; sd L, draw R to L, cl R;
9-10 Bent R knee, bk L remaining R extended, -; twist LF both look RDW, - , -;