

CINDERELLA III

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 Music: "Cinderella" Artist : Kees Versluys Download at Casa Musica
 or CD : "Bollroom Pops" CD2 Track #15
 TIME@MPM 2:08 @ 47 (93.9% of original, 42.2rpm at DanceMaster)
 Footwork: Opposite, directions for man (Lady as noted)
 Rhythm & Phase: Quickstep / Two-Step Phase III + 1 (Quarter Turn & Progressive Chasse)
 Sequence: INTRO A A B A C B A ENDING
 Note: Timing indicates weight changes only.

MEAS:

INTRODUCTION

**1-12 WAIT;; SLOW LUNGE APT; ROLL ACRS; SLOW LUNGE APT; REC CL TO CP;
 DIP BK & HOLD; REC & HOLD; FWD MANUV SD CL ~ SPN TRN;;
 BOX FIN TO FC LOD;**

1-2 {Wait 2 Meas} OP-FCG/ROD lead ft free wait 2 meas;;
 S-- 3 {Slow Lunge Apt} Trn LF 1/4 to OP fcg WALL sd L flexing knee and extending lead arm to sd slowly, -, -, -;
 SS 4 {Roll Acrs} Rec R comm trng RF, -, sd L twd RLOD passing WALL-side cont trng RF to fc WALL, - (*W rec L comm trng LF, -, sd R twd LOD passing COH-side cont trng LF to fc WALL, -*) end LOP/WALL;
 S-- 5 {Slow Lunge Apt} Sd R flexing knee and extending trailing arm to sd slowly, -, -, -;
 SS 6 {Rec Cl to CP} Rec L trng 1/4 LF to fc ptr, -, cl R, - assuming CP fcg LOD;
 S-- 7 {Dip Bk & Hold} Sd & bk L flexing knee, -, -, -;
 S-- 8 {Rec & Hold} Rec R to CP fcg DLW, -, -, -;
 SSQQ 9-11 {Fwd Manuv Sd Cl} Fwd L, -, fwd R comm trng RF, -; Sd L cont trng to CP fcg RLOD, cl R,
 SSS {Spin Trn} Bk L pivoting RF, - (*W fwd R between M's ft comm trng RF, -*); Fwd R twd DLC between W's ft cont trng to fc DLW, -, bk L, - (*W sd & fwd L pivoting RF to fc DRC, -, fwd R, -*) end CP/DLW;
 SQQ 12 {Box Fin to Fc LOD} Comm trng LF bk R, -, cont trng sd L, cl R end CP/LOD;

PART A

**1-12 QTR TRN & PROG CHASSE ~ FWD;;; FWD LK FWD; FWD FC CL;
 WHISK ~ THRU CHASSE TO BJO;;; MANUV SD CL; PIVOT 2;
 1st, 2nd and 4th time WALK 2; 3rd time WALK 2 TO OP;**

SSQQS 1-4 {Qtr Trn & Prog Chasse} CP/LOD fwd L, -, fwd R trng RF 1/4, -; Sd L, cl R trng RF 1/8 to fc DRW, sd & bk L, -; Bk R trng LF 1/8, -, sd L, cl R trng LF 1/8; Sd & fwd L to BJO fcg DLW, -,
 S {Fwd} Fwd R in BJO, -;
 QQS 5 {Fwd Lk Fwd} Fwd L, lk RIB, fwd L, -;
 SQQ 6 {Fwd Fc Cl} Fwd R, -, slightly trn RF to CP sd L, cl R end CP/WALL;
 SSS 7-9 {Whisk} Fwd L, -, sd & fwd R assuming SCP, -; XLIB end SCP/LOD, -;
 SQQS {Thru Chasse to BJO} Thru R to CP, -; Sd L, cl R slightly trn LF to BJO fcg DLW, sd & fwd L, -;
 SQQ 10 {Manuv Sd Cl} Fwd R twd DLW comm trng RF, -, sd L cont trng to CP fcg RLOD, cl R;
 SS 11 {Pivot 2} Bk L pivoting RF, -, fwd R to fc LOD, -;
 1st, 2nd and 4th time
 SS 12 {Walk 2} Fwd L, -, fwd R, - end CP/LOD;
 3rd time
 SS 12 {Walk 2 to OP} Fwd L, -, fwd R, - (*W comm trng RF sd & bk R, -, cont trng fwd L, -*) end OP/LOD;

PART B

- 1-8 WALK TO BJO CHKG; BHD SD; HTCH 4; WALK & FC;
2 TRNG TWO-STEPS TO CP/WALL;; 2 SD CLS; WALK & PU;**
- SS 1 {Walk to BJO Chkg} CP/LOD fwd L, -, assuming BJO fwd R chkg, -;
 SS 2 {Bhd Sd} XLIB, -, sd & fwd R still in BJO, -;
 QQQQ 3 {Htch 4} Fwd L, cl R, bk L, cl R still in BJO;
 SS 4 {Walk & Fc} Fwd L, -, fwd R trng RF to CP fcg WALL, -;
 QQS 5-6 {2 Trng Two-Steps to CP/WALL} Sd L, cl R comm trng RF, sd & bk L acrs W pivoting RF, - (*W sd R, cl L, sd & fwd R between M's ft pivoting RF, -*) end CP/COH; Sd R, cl L, sd & fwd R between W's ft pivoting RF (*W sd L, cl R comm trng RF, sd & bk L pivoting RF, -*) end CP/WALL;
 QQS
 QQQQ 7 {2 Sd CIs} Sd L, cl R, sd L, cl R;
 SS 8 {Walk & PU} Assuming SCP fcg LOD fwd L, -, fwd R picking up W, - end CP/LOD;

PART C

- 1-12 CHRSTN;; ROLL 2; SD CL; SLOW OP VINE 4;;
TRAV DR TWICE;;; TWRIL VINE 2; WALK & PU;**
- S--S-- 1-2 {Chrstn} OP/LOD fwd L, -, pt fwd R, -; Bk R, -, pt bk L, -;
 SS 3 {Roll 2} Fwd L comm rolling LF, -, sd R cont rolling to fc ptr, -;
 SS 4 {Sd Cl} Sd L assuming BFLY, -, cl R, -;
 SSSS 5-6 {Slow Op Vine 4} Sd L trng RF 1/4 to LOP fcg RLOD, -, bk R trng LF 1/4 to fc ptr joining tarilg hnds, -; Sd L trng LF 1/4 to OP fcg LOD, -, fwd R trng RF 1/4 to BFLY fcg WALL, -;
 SSQQS 7-10 {Trav Dr Twice} Sd L, -, rec R, -; XLIF, sd R, XLIF, -; Sd R, -, rec L, -; XRIF, sd L, XRIF, -;
 SSQQS
 SS 11 {Twirl Vine 2} Releasing trailg hnds sd L raising jnd lead hnds, -, XRIB, - (*W sd & fwd R comm trng RF under jnd lead hnds, -, sd & bk L cont trng to fc ptr, -*);
 SS 12 {Walk & PU} Trng LF 1/4 fwd L, -, fwd R picking up W, - end CP/LOD;

ENDING

- 1-10+ 2 LEFT TRNS TO FC/WALL;; STRLLG VINE;;; SLOW OP VINE 4;;
ROLL 2; SD CL; LUNGE APT,**
- SQQ 1-2 {2 Left Trns to Fc/WALL} CP/LOD fwd L comm trng LF, -, sd R cont trng, cl L to CP/RLOD; Bk R comm trng LF, -, sd L cont trng to fc WALL, cl R;
 SQQ
 SSQQS 3-6 {Strllg Vine} Sd L, -, XRIB, - (*W sd R, -, XLIF, -*); Sd L, cl R, sd & fwd L between W's ft pivoting LF, - (*W sd R, cl L comm trng LF, sd & bk R acrs M pivoting LF, -*) end CP/COH; Sd R, -, XLIB, - (*W sd L, -, XRIF, -*); Sd R, cl L, sd & fwd R between W's ft pivoting RF, - (*W sd L, cl R comm trng RF, sd & bk L acrs M pivoting RF, -*) end CP/WALL;
 SSQQS
 SSSS 7-8 {Slow Op Vine 4} Sd L trng RF 1/4 to LOP fcg RLOD, -, bk R trng LF 1/4 to fc ptr joining tarilg hnds, -; Sd L trng LF 1/4 to OP fcg LOD, -, fwd R end OP/LOD;
 SS 9 {Roll 2} Fwd L comm rolling LF, -, sd R cont rolling to fc ptr, -;
 SS 10 {Sd Cl} Sd L assuming BFLY, -, cl R, -;
 Q + {Lunge Apt} Trng LF 1/4 to OP fcg LOD sd L flexing knee lead arm extended sd and slightly up,